



Gluten Free Self Raising Flour 3kg

Product Information

Product Code	S8183
Erudus ID	f1789b39eaec4dff708031828a90ea5
Traded Unit GTIN	5028081007669
Internal GTIN	5028081007560
Supplier Name	Middleton Foods
Brand	Middleton Foods
Storage	Ambient

Product Description & Ingredients

Product Description	Gluten free self raising flour, ideal for baking.
Erudus Ingredients	Rice Flour, Potato Starch, Tapioca Starch, Maize Starch, Raising Agents (E341(i), E500(ii)), Buckwheat Flour, Thickener (Xanthan Gum).

Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No

Sulphites	No
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Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	330 kcal
Energy per 100g (kJ)	1401 kJ
Carbs Per 100g	76 g
Carbs of which Sugars per 100g	0.1 g
Fat per 100g	0.6 g
Fat of which Saturates per 100g	0.2 g
Protein per 100g	4.9 g
Fibre per 100g	g
Salt per 100g	2 g

Disclaimer:

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