



## Gluten Free Plain Flour 3kg

### Product Information

Product Code	S8182
Erudus ID	fca667c40a1942329b6e09ea1ddb013
Traded Unit GTIN	5028081007676
Internal GTIN	5028081007577
Supplier Name	Middleton Foods
Brand	Middleton Foods
Storage	Ambient

### Product Description & Ingredients

Product Description	High-quality gluten-free plain flour, ideal for baking.
Erudus Ingredients	Rice Flour, Tapioca Starch, Potato Starch, Maize Starch, Buckwheat Flour.

### Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No

Sulphites	No
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## Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	351 kcal
Energy per 100g (kJ)	1490 kJ
Carbs Per 100g	81 g
Carbs of which Sugars per 100g	0.1 g
Fat per 100g	0.7 g
Fat of which Saturates per 100g	0.2 g
Protein per 100g	5.3 g
Fibre per 100g	8 g
Salt per 100g	0 g

## Disclaimer:

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