



## Red Quinoa 1kg

### Product Information

Product Code	<b>S7197</b>
Erudus ID	<b>ccd9cae5582a4aab95b8d461156fc14c</b>
Traded Unit GTIN	<b>5060103914326</b>
Internal GTIN	<b>5060103912629</b>
Supplier Name	<b>Centaur Foods Ltd</b>
Brand	
Storage	<b>Ambient</b>

### Product Description & Ingredients

Product Description	Nutritious red quinoa, ideal for salads, bowls, and side dishes.
Erudus Ingredients	Red Quinoa 100%

### Allergens

Celery	<b>No</b>
Cereals Containing Gluten	<b>May Contain</b>
Crustacea	<b>No</b>
Eggs	<b>No</b>
Fish	<b>No</b>
Lupin	<b>No</b>
Milk	<b>No</b>
Molluscs	<b>No</b>
Mustard	<b>No</b>
Nuts	<b>No</b>
Peanuts	<b>No</b>
Sesame	<b>No</b>
Soybeans	<b>No</b>

Sulphites	No
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## Dietary Information

Suitable for Coeliacs	
Suitable for Lactose-Free Diet	
Suitable for a Vegan Diet	<b>Yes</b>
Suitable for a Vegetarian Diet	<b>Yes</b>
Approved for a Halal Diet	<b>No</b>
Approved for a Kosher Diet	<b>No</b>

## Nutritional Information

Energy per 100g (kcal)	<b>368 kcal</b>
Energy per 100g (kJ)	<b>1541 kJ</b>
Carbs Per 100g	<b>64.2 g</b>
Carbs of which Sugars per 100g	<b>7.14 g</b>
Fat per 100g	<b>6.1 g</b>
Fat of which Saturates per 100g	<b>0.7 g</b>
Protein per 100g	<b>14.1 g</b>
Fibre per 100g	<b>7 g</b>
Salt per 100g	<b>0.01 g</b>

## Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing, and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products. Consequently, any such information we provide is reliant on the accuracy and completeness of the information given to us by our suppliers.

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