



## Triple Lion Ground Nutmeg (6 x 500g)

### Product Information

Product Code	S6017
Erudus ID	3d1a8a0eb0bd4666b9359d996b577820
Traded Unit GTIN	05021339424904
Internal GTIN	5021339424102
Supplier Name	SPL Foods Ltd
Brand	Triple Lion
Storage	Ambient

### Product Description & Ingredients

Product Description	Triple Lion Ground Nutmeg, warm and nutty. Ideal for baking, in creamy sauces, and as a spice for vegetables and meats.
Erudus Ingredients	Ground Nutmeg.

### Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No

Sulphites	No
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## Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	506 kcal
Energy per 100g (kJ)	2093 kJ
Carbs Per 100g	28.5 g
Carbs of which Sugars per 100g	3 g
Fat per 100g	36.3 g
Fat of which Saturates per 100g	25.9 g
Protein per 100g	5.8 g
Fibre per 100g	20.8 g
Salt per 100g	0.04 g

## Disclaimer:

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