



Buchanans Pine Nuts (6 x 1kg)

Product Information

Product Code	S3531
Erudus ID	8e64cedcd2684ac59b60709ab4387102
Traded Unit GTIN	5010398002031
Internal GTIN	5010398002024
Supplier Name	W. G. Buchanan & Son Ltd
Brand	W.G. Buchanan & Son Ltd
Storage	Ambient

Product Description & Ingredients

Product Description	Our pine nuts have a delicate sweet and nutty flavour that complements many recipes. Commonly used for pesto-making, salad topping as well as in pasta meals and in stir-fries.
Erudus Ingredients	PINE NUTS 100%

Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No

Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	725 kcal
Energy per 100g (kj)	2997 kJ
Carbs Per 100g	13.7 g
Carbs of which Sugars per 100g	13.7 g
Fat per 100g	68.4 g
Fat of which Saturates per 100g	4.9 g
Protein per 100g	13.7 g
Fibre per 100g	g
Salt per 100g	0 g

Disclaimer:

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