



Kellogg's Fruit n Fibre (40 x 45g)

Product Information

Product Code	S1026
Erudus ID	0e7e0dc4fab2458191858ee02bc406b6
Traded Unit GTIN	5050083393907
Internal GTIN	5050083393891
Supplier Name	Kellanova (previously Kellogg's)
Brand	Kellogg's
Storage	Ambient

Product Description & Ingredients

Product Description	So long, misery guts - Hello happy guts! Combining real fruit and nuts with wheat bran fibre - a superior fibre which is scientifically proven to fuel your gut. Wheat bran fibre is a superior fibre in relation to its efficacy in accelerating intestinal transit and has the most scientific evidence. 10g wheat bran fibre daily contributes to acceleration of intestinal transit. Fruit 'n Fibre contains 2.8g per serving. Enjoy as part of a healthy diet and lifestyle.
Erudus Ingredients	WHOLEWHEAT (69%), dried fruit and HAZELNUTS (26%) (raisins, coconut, banana {banana, coconut oil, sugar}, apple, HAZELNUTS), sugar, BARLEY malt extract, salt, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No

Nuts	Yes
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes

Nutritional Information

Energy per 100g (kcal)	380 kcal
Energy per 100g (kj)	1603 kJ
Carbs Per 100g	69 g
Carbs of which Sugars per 100g	24 g
Fat per 100g	6 g
Fat of which Saturates per 100g	3.5 g
Protein per 100g	8 g
Fibre per 100g	9 g
Salt per 100g	1 g

Disclaimer:

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