



Weetabix Cereal Single Portion (96 x 1 Pack)

Product Information

Product Code	S1019
Erudus ID	7e93735467724e74b5c43a40970251c2
Traded Unit GTIN	5010029212440
Internal GTIN	
Supplier Name	Weetabix Ltd
Brand	Weetabix Ltd
Storage	Ambient

Product Description & Ingredients

Product Description	Want to Enjoy a Healthy Start? Weetabix is packed with fibre and is a great source of vitamin B1 which helps look after your heart*. Delicious with some raspberries and nuts on top to help banish those breakfast blues. It's a breakfast that will get you ready for anything! Have you had yours? *Thiamin (B1) contributes to the normal function of the heart as part of a healthy diet and lifestyle
Erudus Ingredients	WHEAT (95%), Malted BARLEY Extract, Sugar, Salt, Niacin, Iron, Riboflavin (B2), Thiamin (B1), Folic Acid.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No

Peanuts	No
Sesame	No
Soybeans	No
Sulphites	<10mg

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	Yes

Nutritional Information

Energy per 100g (kcal)	362 kcal
Energy per 100g (kj)	1531 kJ
Carbs Per 100g	69 g
Carbs of which Sugars per 100g	4.2 g
Fat per 100g	2 g
Fat of which Saturates per 100g	0.6 g
Protein per 100g	12 g
Fibre per 100g	10 g
Salt per 100g	0.28 g

Disclaimer:

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