



Kara Sugar Ring Doughnuts (60 x 62g)

Product Information

Product Code	4904
Erudus ID	01d9036a7d574b259444e30bf984568a
Traded Unit GTIN	05010066111478
Internal GTIN	
Supplier Name	Kara Foodservice (Fletchers)
Brand	Kara
Storage	Frozen

Product Description & Ingredients

Product Description	A ring shaped rich sweet yeasted dough that has been deep fried in vegetable oil, and dusted with a sugar coating.
Erudus Ingredients	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Palm Oil, Sweet Dust (Dextrose, Cornflour, Palm Oil), Rapeseed Oil, Dextrose, Sugar, Raising Agents (E501, E450, E341), WHEAT Gluten, Yeast, Emulsifiers (E481, E471), Potassium Chloride, Salt, Stabiliser (E466), Flour Treatment Agent (E300).

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	May Contain
Soybeans	May Contain
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	367 kcal
Energy per 100g (kj)	1534 kJ
Carbs Per 100g	37.5 g
Carbs of which Sugars per 100g	8.4 g
Fat per 100g	20.8 g
Fat of which Saturates per 100g	7.6 g
Protein per 100g	6.6 g
Fibre per 100g	1.8 g
Salt per 100g	0.6 g

Disclaimer:

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