



Kara Sugar Jam Doughnuts (60 x 73g)

Product Information

Product Code	4903
Erudus ID	746b52a2fe5246dc9084e4d5c2f5bf3c
Traded Unit GTIN	05010066111461
Internal GTIN	
Supplier Name	Kara Foodservice (Fletchers)
Brand	Kara
Storage	Frozen

Product Description & Ingredients

Product Description	A rich sweet yeasted dough that has been deep fried in vegetable oil, dusted with a sugar coating and filled with an apple and raspberry jam filling.
Erudus Ingredients	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Apple & Raspberry Jam (20%) (Glucose-Fructose Syrup, Apple Purée, Sugar, Raspberry Purée, Acidity Regulators (E330, E331iii), Colour (E163), Gelling Agent (E440a), Flavouring), Palm Oil, Sweet Dust (Dextrose, Cornflour, Palm Oil), Rapeseed Oil, Dextrose, Sugar, Raising Agents (E501, E450, E341), WHEAT Gluten, Yeast, Emulsifiers (E481, E471), Potassium Chloride, Salt, Stabiliser (E466), Flour Treatment Agent (E300).

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No
Mustard	No

Nuts	No
Peanuts	No
Sesame	May Contain
Soybeans	May Contain
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	292 kcal
Energy per 100g (kj)	1230 kJ
Carbs Per 100g	47.3 g
Carbs of which Sugars per 100g	15.5 g
Fat per 100g	8.3 g
Fat of which Saturates per 100g	3 g
Protein per 100g	6.2 g
Fibre per 100g	1.9 g
Salt per 100g	0.27 g

Disclaimer:

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