

Bao (Hirata) Buns (2 x 30 x 50g)

Product Information

Product Code	4834
Erudus ID	e30d3fac3d904ef4be0836c171593007
Traded Unit GTIN	05060062472875
Internal GTIN	5060062472882
Supplier Name	Central Foods Group Ltd
Brand	Central Foods Group Ltd
Storage	Frozen

Product Description & Ingredients

Product Description	An Asian street-food staple steamed and folded, soft white bread buns serve warm filled with slow- cooked meat, crunchy salad/pickles and sticky sauce. They make delicious bite size snack which are approximately 9cm x 7.5cm x 4cm each. Microwave or steam reheat from frozen and they're suitable for a vegetarian or vegan diet.
Erudus Ingredients	WHEAT Flour, Water, Corn Starch, Sugar, Fully Refined Soybean Oil, Yeast, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate, Mono Calcium Phosphate), Salt, Tapioca Starch.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No

Peanuts	No
Sesame	May Contain
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	281 kcal
Energy per 100g (kj)	1176 kJ
Carbs Per 100g	55.6 g
Carbs of which Sugars per 100g	8.4 g
Fat per 100g	3.9 g
Fat of which Saturates per 100g	0.5 g
Protein per 100g	5.2 g
Fibre per 100g	1.5 g
Salt per 100g	0.45 g

Disclaimer:

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