



Kara Medium White Bloomer (6 x 800g)

Product Information

Product Code	4826
Erudus ID	dd6541419e1e46d382a6bf086d64c5c5
Traded Unit GTIN	05051788123882
Internal GTIN	
Supplier Name	Kara Foodservice (Fletchers)
Brand	Kara
Storage	Frozen

Product Description & Ingredients

Product Description	A medium sliced, D-shaped white bloomer with a golden crust and a soft, fluffy texture. Ideal for toasting and sandwiches. Suitable for vegetarians and vegans.
Erudus Ingredients	Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Palm Oil, Salt, WHEAT Gluten, Yeast, Emulsifier (E472e), Spirit Vinegar, Preservative (E282), Flour Treatment Agent (E300).

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	May Contain
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	241 kcal
Energy per 100g (kj)	1022 kJ
Carbs Per 100g	47.5 g
Carbs of which Sugars per 100g	3.6 g
Fat per 100g	1.3 g
Fat of which Saturates per 100g	0.4 g
Protein per 100g	8.5 g
Fibre per 100g	2.7 g
Salt per 100g	0.72 g

Disclaimer:

While we endeavour to ensure the accuracy of all product, pricing, and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products. Consequently, any such information we provide is reliant on the accuracy and completeness of the information given to us by our suppliers.

We do not, therefore, accept liability for any inaccuracies or incorrect product information contained on this site and cannot be held responsible for any inaccuracies or omissions in this information.

From time to time, recipes and/or formulations of products supplied to us by our suppliers may change, and the information we provide may be inaccurate for a period until we are notified by the supplier of these changes and can update the product information on this site. **We therefore recommend that you check the product packaging carefully before using or consuming any products, rather than relying solely on the information provided by us on this site.** Please also see our terms and conditions.