



## Fletchers Thick Half & Half Sliced Bread (8 x 750g)

### Product Information

Product Code	4806
Erudus ID	d7a8518b5ab64ab58e528a3127afa0f7
Traded Unit GTIN	5010066115049
Internal GTIN	
Supplier Name	Kara Foodservice (Fletchers)
Brand	Kara
Storage	Frozen

### Product Description & Ingredients

Product Description	Fletchers Thick Half & Half Bread is the best of both worlds; all the flavour of white bread with the goodness of a wholemeal loaf. Made with half wholegrain flour and half white flour, Fletchers Half & Half gives a delicious taste with nutritional value. Perfect for toasting, making hot and cold sandwiches or as an additional ingredient within a wide variety of dishes. Fletchers bread is suitable for vegetarians.
Erudus Ingredients	Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Wholemeal WHEAT Flour, Water, Salt, Palm Oil, Emulsifiers (E472e, E471), Yeast, Preservative (E282), SOYA Flour, Spirit Vinegar, Flour Treatment Agent (E300).

### Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No

Nuts	No
Peanuts	No
Sesame	No
Soybeans	Yes
Sulphites	No

## Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	237 kcal
Energy per 100g (kj)	1002 kJ
Carbs Per 100g	43.9 g
Carbs of which Sugars per 100g	3 g
Fat per 100g	1.3 g
Fat of which Saturates per 100g	0.5 g
Protein per 100g	9.5 g
Fibre per 100g	5.7 g
Salt per 100g	0.84 g

## Disclaimer:

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