



## Greens Blueberries (15 x 450g)

### Product Information

Product Code	4584
Erudus ID	3aeb9cc528bc4f8cb29193d3f93623bd
Traded Unit GTIN	5413408038066
Internal GTIN	5413408122604
Supplier Name	D'Arta S.A.
Brand	Greens
Storage	Frozen

### Product Description & Ingredients

Product Description	Great for smoothies, muffins, or adding a burst of flavor to cereals. Pre-prepared and portioned, ensuring minimal prep time. Harvested at peak freshness and instantly frozen to retain quality and nutrition. Sourced from d'Arta, a renowned name in fresh frozen products.
Erudus Ingredients	Blueberries (100%)

### Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

## Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	43 kcal
Energy per 100g (kJ)	177 kJ
Carbs Per 100g	6 g
Carbs of which Sugars per 100g	6 g
Fat per 100g	0 g
Fat of which Saturates per 100g	0 g
Protein per 100g	1 g
Fibre per 100g	7.3 g
Salt per 100g	0 g

## Disclaimer:

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