



## Whitby Seafood MSC Breaded Cod fillet Goujons (10 x 450g)

### Product Information

Product Code	2202
Erudus ID	94d72adf60b841e28be0abc201433245
Traded Unit GTIN	05016316940393
Internal GTIN	5016316040390
Supplier Name	Whitby Seafoods Ltd
Brand	Whitby Seafoods Ltd
Storage	Frozen

### Product Description & Ingredients

Product Description	Chunky, 100% cod fillet strips in a crisp breadcrumb, ideal for fish and chips.
Erudus Ingredients	Cod (FISH) 50%, Breadcrumbs (WHEAT Flour [WHEAT FLOUR, Calcium, Iron, Niacin, Thiamin], Rapeseed Oil, Yeast, Salt), Batter (Water, WHEAT Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Garlic Powder, Onion Powder, Yeast Extract).

### Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	May Contain
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	May Contain
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

## Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	150 kcal
Energy per 100g (kJ)	637 kJ
Carbs Per 100g	25.8 g
Carbs of which Sugars per 100g	1.6 g
Fat per 100g	0.9 g
Fat of which Saturates per 100g	0.1 g
Protein per 100g	10.7 g
Fibre per 100g	1.8 g
Salt per 100g	0.65 g

## Disclaimer:

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