



## Three Oceans MSC Battered Pollock Fillets

### Product Information

Product Code	1853
Erudus ID	4922d90910164b51bfe59b8c73ac8fc5
Traded Unit GTIN	5060061300186
Internal GTIN	5060061300186
Supplier Name	Three Oceans Fish Company
Brand	Three Oceans Ltd
Storage	Frozen

### Product Description & Ingredients

Product Description	Skinless, boneless pollock fillets enrobed in a bubbly batter and flash fried 24 x 110-140g, great for fish sandwiches.
Erudus Ingredients	Alaska Pollack (FISH) (50%), WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Salt, Maize Starch, WHEAT Starch, Raising Agent (Disodium Diphosphate, Sodium Carbonate, Ammonium Carbonate), Yeast Extract, Stabiliser (Xanthan Gum), Dextrose, Yeast, Sunflower Oil, Sunflower Lecithin.

### Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

## Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	199 kcal
Energy per 100g (kJ)	832 kJ
Carbs Per 100g	15.8 g
Carbs of which Sugars per 100g	1.4 g
Fat per 100g	10.7 g
Fat of which Saturates per 100g	1.4 g
Protein per 100g	9.5 g
Fibre per 100g	0.7 g
Salt per 100g	0.6 g

## Disclaimer:

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