



Whitby Seafood's Whitby Seafoods MSC Cod Fillet Goujon in Batter (10 x 450g)

Product Information

Product Code	1801
Erudus ID	0a38032a3a374f8a8d97afe57dde0e4a
Traded Unit GTIN	05016316940416
Internal GTIN	5016316040413
Supplier Name	Whitby Seafoods Ltd
Brand	Whitby Seafoods Ltd
Storage	Frozen

Product Description & Ingredients

Product Description	Succulent goujons with responsibly sourced white fish fillet, wrapped in a light and crispy batter, great for snacks or meals.
Erudus Ingredients	Cod (FISH)(50%), batter (water, WHEAT flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], salt, raising agents: E450i, E500ii, WHEAT starch, xanthan gum E415), breadcrumbs (WHEAT flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], rapeseed oil), rapeseed oil.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	May Contain
Eggs	No
Fish	Yes
Lupin	No
Milk	May Contain
Molluscs	May Contain
Mustard	No
Nuts	No

Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	174 kcal
Energy per 100g (kj)	734 kJ
Carbs Per 100g	20 g
Carbs of which Sugars per 100g	2.6 g
Fat per 100g	5.6 g
Fat of which Saturates per 100g	0.8 g
Protein per 100g	10.1 g
Fibre per 100g	1.2 g
Salt per 100g	1.3 g

Disclaimer:

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