



## Young's 60 Cod Fish Fingers MSC

### Product Information

Product Code	1775
Erudus ID	a23115fdd08f425f909669c9983fe9c5
Traded Unit GTIN	05000205539652
Internal GTIN	5000205036144
Supplier Name	Youngs Seafood Ltd
Brand	Youngs Bluecrest Seafood Ltd
Storage	Frozen

### Product Description & Ingredients

Product Description	Minced Cod Fish Fingers Coated in Golden Breadcrumbs, great for a quick and easy fish dish.
Erudus Ingredients	Minced Cod (FISH) (58%), Wheat Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Rapeseed Oil, Water, Yeast, Salt, Colours: Capsanthin, Curcumin; Turmeric Caution! Although extra care has been taken to remove all bones, some may remain

### Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

## Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Nutritional Information

Energy per 100g (kcal)	203 kcal
Energy per 100g (kJ)	853 kJ
Carbs Per 100g	19.5 g
Carbs of which Sugars per 100g	1 g
Fat per 100g	7.7 g
Fat of which Saturates per 100g	0.8 g
Protein per 100g	13 g
Fibre per 100g	g
Salt per 100g	0.5 g

## Disclaimer:

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