



Chefs' Selections Battered Cod Fillets (24 x 140-170g)

Product Information

Product Code	1751
Erudus ID	23f5b0e68879426c87e46c762d4845c9
Traded Unit GTIN	5060086880816
Internal GTIN	
Supplier Name	Three Oceans Fish Company
Brand	Chefs' Selections
Storage	Frozen

Product Description & Ingredients

Product Description	Crunchy melt-in-the-mouth batter encasing juicy flakes of pure white skinless and boneless cod. Just add Chefs' Selections chips and mushy peas for the ultimate traditional crowd pleaser.
Erudus Ingredients	Cod (FISH) (50%), Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Salt, Maize Starch, WHEAT Starch, Raising Agents (Disodium Diphosphate, Sodium Carbonate, Ammonium Carbonate), Yeast Extract, Stabiliser (Xanthan Gum), Dextrose, Yeast, Sunflower Oil, Emulsifier (Sunflower Lecithin).

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No

Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	205 kcal
Energy per 100g (kj)	857 kJ
Carbs Per 100g	15.8 g
Carbs of which Sugars per 100g	0.5 g
Fat per 100g	10.7 g
Fat of which Saturates per 100g	1.4 g
Protein per 100g	11 g
Fibre per 100g	0.7 g
Salt per 100g	0.6 g

Disclaimer:

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