



Three Oceans MSC Chip Shop Battered Cod Fillets

Product Information

Product Code	1743
Erudus ID	bc58fd6d9baf438bade53d3f6c4126d7
Traded Unit GTIN	5060061301305
Internal GTIN	
Supplier Name	Three Oceans Fish Company
Brand	Three Oceans Ltd
Storage	Frozen

Product Description & Ingredients

Product Description	Formed skinless, boneless cod fillet pieces, enrobed in a bubbly batter and flash fried 24x145g, reminiscent of chip shop style.
Erudus Ingredients	Cod (50%) (FISH), Water, WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, Maize Starch, WHEAT Starch, Raising Agent (Sodium Phosphate, Sodium Carbonate, Ammonium Carbonate), Yeast Extract, Stabiliser (Xanthan Gum), Yeast, Dextrose.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	
Suitable for Lactose-Free Diet	
Suitable for a Vegan Diet	
Suitable for a Vegetarian Diet	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	195 kcal
Energy per 100g (kJ)	819 kJ
Carbs Per 100g	18.2 g
Carbs of which Sugars per 100g	0.6 g
Fat per 100g	9.8 g
Fat of which Saturates per 100g	0.8 g
Protein per 100g	8.2 g
Fibre per 100g	0.9 g
Salt per 100g	0.8 g

Disclaimer:

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