

Van Der Lee Seafish Breaded Plaice Fillets (15 x 230-290g)

Product Information

Product Code	1721
Erudus ID	39e4528cb0a9433b84f0ab0dff971bef
Traded Unit GTIN	4250658565819
Internal GTIN	
Supplier Name	Van der Lee Seafish B.V.
Brand	Van der Lee Seafish B.V
Storage	Frozen

Product Description & Ingredients

Product Description	Premium quality Van Der Lee Seafish Breaded Plaice Fillets (15 x 230-290g), featuring fresh, sustainably sourced plaice. Each fillet is carefully processed to retain its natural flavor and texture, ensuring a delightful culinary experience.
Erudus Ingredients	50% PLAICE (FISH) (pleuronectes platessa), WHEATflour, water, rapeseed oil, salt, yeast

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	No
Fish	Yes
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

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Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	202 kcal
Energy per 100g (kj)	849 kJ
Carbs Per 100g	21.8 g
Carbs of which Sugars per 100g	1.04 g
Fat per 100g	7 g
Fat of which Saturates per 100g	0.7 g
Protein per 100g	12.7 g
Fibre per 100g	0 g
Salt per 100g	0.3 g

Disclaimer:

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