



Three Oceans MSC Breaded Haddock Fillets

Product Information

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| Product Code | 1716 |
| Erudus ID | d6408c7937b64718a68c4bb121dcd5e3 |
| Traded Unit GTIN | 5060061300667 |
| Internal GTIN | 5060061300667 |
| Supplier Name | Three Oceans Fish Company |
| Brand | Three Oceans Ltd |
| Storage | Frozen |

Product Description & Ingredients

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| Product Description | Formed skinless, boneless haddock fillet pieces enrobed in breadcrumb and flash fried 24 x 140-170g, a classic fish option. |
| Erudus Ingredients | Haddock (50%) (FISH), WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate). |

Allergens

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| Celery | No |
| Cereals Containing Gluten | Yes |
| Crustacea | No |
| Eggs | No |
| Fish | Yes |
| Lupin | No |
| Milk | No |
| Molluscs | No |
| Mustard | No |
| Nuts | No |
| Peanuts | No |
| Sesame | No |

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| Soybeans | No |
| Sulphites | No |

Dietary Information

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| Suitable for Coeliacs | No |
| Suitable for Lactose-Free Diet | Yes |
| Suitable for a Vegan Diet | No |
| Suitable for a Vegetarian Diet | No |
| Approved for a Halal Diet | No |
| Approved for a Kosher Diet | No |

Nutritional Information

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| Energy per 100g (kcal) | 204 kcal |
| Energy per 100g (kJ) | 856 kJ |
| Carbs Per 100g | 20.3 g |
| Carbs of which Sugars per 100g | 0.8 g |
| Fat per 100g | 8.5 g |
| Fat of which Saturates per 100g | 0.7 g |
| Protein per 100g | 11 g |
| Fibre per 100g | 1.2 g |
| Salt per 100g | 0.9 g |

Disclaimer:

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