



## Pacific West Seafood Basket (12 x 200g)

### Product Information

Product Code	1626
Erudus ID	2a1f7c829aa34f7a8f161377e71da6c2
Traded Unit GTIN	19555018505378
Internal GTIN	9555018505371
Supplier Name	Pacific West Foods
Brand	Pacific West Foods
Storage	Frozen

### Product Description & Ingredients

Product Description	Enjoy a delightful mix with Pacific West's Seafood Basket. This combination brings together breaded and battered fish, squid, and prawns, offering a diverse taste of the sea in one convenient package.
Erudus Ingredients	Frozen Raw Panko Squid Rings: Squid ( <b>MOLLUSCS</b> )(60%), Breadcrumbs ( <b>WHEAT</b> Flour, Rice Bran Oil, Sugar, Salt). Batter: <b>WHEAT</b> Flour, Water, Thickeners (E1404, E1420), Sugar, Garlic, Raising Agents (E450, E500), Pepper, Salt, Yeast Extract. Frozen Raw Breaded Butterfly Prawns: Prawns ( <b>CRUSTACEANS</b> ), Stabilisers (E450, E451) (50%). Breadcrumbs ( <b>WHEAT</b> Flour, Rice Bran Oil, Sugar, Salt), Batter: <b>WHEAT</b> Flour, Water, Thickeners (E1404, E1420), Sugar, Salt, Onion, Yeast Extract, Raising Agents (E500, E450), Garlic. Frozen Raw Crispy Battered Chunky Cod Bites: Cod ( <b>FISH</b> ) (55%). Coating: <b>WHEAT</b> Flour, Water, Canola Oil, Thickener (E1404), Salt, Raising Agents (E450, E500), Sugar, Rice Flour, Yeast Extract, Flavour. Frozen Raw Salt & Pepper Squid Chunks: Squid ( <b>MOLLUSCS</b> ) (65%). Coating: <b>WHEAT</b> Flour, Water, Canola Oil, Thickener (E1412), Sugar, Salt, Pepper, Raising Agents (E450, E500), Yeast Extract, Spices, Colour (E160c).

### Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	Yes
Eggs	May Contain
Fish	Yes

Lupin	<b>No</b>
Milk	<b>May Contain</b>
Molluscs	<b>Yes</b>
Mustard	<b>No</b>
Nuts	<b>No</b>
Peanuts	<b>No</b>
Sesame	<b>No</b>
Soybeans	<b>May Contain</b>
Sulphites	<b>No</b>

### **Dietary Information**

Suitable for Coeliacs	
Suitable for Lactose-Free Diet	
Suitable for a Vegan Diet	
Suitable for a Vegetarian Diet	
Approved for a Halal Diet	<b>No</b>
Approved for a Kosher Diet	<b>No</b>

### **Nutritional Information**

Energy per 100g (kcal)	<b>143 kcal</b>
Energy per 100g (kj)	<b>603 kJ</b>
Carbs Per 100g	<b>13 g</b>
Carbs of which Sugars per 100g	<b>1.4 g</b>
Fat per 100g	<b>4.3 g</b>
Fat of which Saturates per 100g	<b>1 g</b>
Protein per 100g	<b>12 g</b>
Fibre per 100g	<b>1.9 g</b>
Salt per 100g	<b>0.7 g</b>

### **Disclaimer:**

While we endeavour to ensure the accuracy of all product, pricing, and nutritional data at all times, and that information is provided in good faith, we are not the manufacturers of these products. Consequently, any such information we provide is reliant on the accuracy and completeness of the information given to us by our suppliers.

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