



Mediterranean Wellington (12 x 226g)

Product Information

Product Code	1369
Erudus ID	41c651975a3b403d9e88342960e4cd46
Traded Unit GTIN	5016236002638
Internal GTIN	
Supplier Name	What's Cooking Deeside UK Ltd
Brand	KK Fine Foods Ltd
Storage	Frozen

Product Description & Ingredients

Product Description	Crisp vegetables pan-fried and roasted with fine herbs and olive oil, entwined with a rich Mediterranean tomato sauce encased in a light puff pastry case.
Erudus Ingredients	Puff Pastry (47%) ((Fortified WHEAT Flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Rapeseed & Palm Oil) Mono and Diglycerides of Fatty Acids), Pasteurised Whole EGG , Rubbed Oregano), Vegetables (21%) (Potato, Aubergine, White Onion, Carrot, Red Pepper, Yellow Pepper, Parsnip), Tomato (14%), Black Olives (Olives Water, Salt, Acidity Regulator (Lactic Acid), Stabiliser (Ferrous Gluconate)), Mature Cheddar Cheese (MILK), Mozzarella Cheese (MILK), Olive Oil, Tomato Puree, Water, Medium Fat Hard Cheese (MILK), Sugar, Salt, Garlic, Modified Maize Starch, Black Pepper, Rubbed Oregano, Rosemary, Rubbed Basil.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	
Suitable for Lactose-Free Diet	
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	254 kcal
Energy per 100g (kj)	1057 kJ
Carbs Per 100g	18.9 g
Carbs of which Sugars per 100g	2.28 g
Fat per 100g	17.42 g
Fat of which Saturates per 100g	8.92 g
Protein per 100g	5.38 g
Fibre per 100g	1.63 g
Salt per 100g	0.95 g

Disclaimer:

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