



Vegetable Roast With Apricot & Goats Cheese (12 x 290g)

Product Information

Product Code	1368
Erudus ID	0e22f6f6438443df90f697d7b08944c1
Traded Unit GTIN	5016236030594
Internal GTIN	
Supplier Name	What's Cooking Deeside UK Ltd
Brand	KK Fine Foods Ltd
Storage	Frozen

Product Description & Ingredients

Product Description	Pan-fried vegetables with apricots and sunflower seeds, topped with creamy goats cheese, a gourmet delight.
Erudus Ingredients	Root Vegetables (31%) (Parsnip (53%), Carrot, Potato), Onion (13%), Goats Cheese (MILK) (10%), Mushroom, Spinach, White Breadcrumbs (WHEAT Flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast), Unsalted Butter (MILK), Sunflower Seeds (2%), Dried Apricots (4%) (Preservatives (SULPHITES)), EGG , Tomato Puree, Rapeseed Oil, Garlic Puree, Ginger Puree, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Rapeseed Oil, Spices (Lovage Leaves Powder, Turmeric Powder, Dried Parsley, White Pepper Powder, Garlic Powder, Mace Powder, Nutmeg Powder), Lovage Extract), Salt, Black Pepper, Parsley, Chillies.

Allergens

Celery	No
Cereals Containing Gluten	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes

Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	>10mg

Dietary Information

Suitable for Coeliacs	
Suitable for Lactose-Free Diet	
Suitable for a Vegan Diet	No
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	186 kcal
Energy per 100g (kj)	775 kJ
Carbs Per 100g	15.41 g
Carbs of which Sugars per 100g	5.6 g
Fat per 100g	11.51 g
Fat of which Saturates per 100g	5.01 g
Protein per 100g	5.82 g
Fibre per 100g	2.6 g
Salt per 100g	0.55 g

Disclaimer:

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