



Penguin British Carrot & Swede Mix (10 x 1kg)

Product Information

Product Code	1074
Erudus ID	fb140f2b56f642e2b88d4247bf9a949f
Traded Unit GTIN	5411683201199
Internal GTIN	5411683222408
Supplier Name	Greenyard Frozen UK Ltd
Brand	
Storage	Frozen

Product Description & Ingredients

Product Description	Diced carrot and swede mix, great for soups and stews.
Erudus Ingredients	Carrots (50%), Swede (50%)

Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No
Sesame	No
Soybeans	No

Sulphites	No
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Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	37 kcal
Energy per 100g (kj)	153 kJ
Carbs Per 100g	6.2 g
Carbs of which Sugars per 100g	5.9 g
Fat per 100g	0.4 g
Fat of which Saturates per 100g	0.1 g
Protein per 100g	0.5 g
Fibre per 100g	3.2 g
Salt per 100g	0.05 g

Disclaimer:

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