



Greens Sprouts Medium (4 x 2.5kg)

Product Information

Product Code	1051
Erudus ID	76eae79697e74c12a15f0dedd4a41a97
Traded Unit GTIN	5413408073371
Internal GTIN	5413408104044
Supplier Name	D'Arta S.A.
Brand	Greens
Storage	Frozen

Product Description & Ingredients

Product Description	Greens sprouts medium (4 x 2.5kg) are both flavourful and nutritious to make a tasteful side dish or to add to a classic Sunday roast. Cook from frozen with the same taste and texture as fresh vegetables but with reduced preparation and cooking time. Add spices to your own taste.
Erudus Ingredients	Brussels sprouts (100%)

Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No
Nuts	No
Peanuts	No

Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	Yes
Suitable for Lactose-Free Diet	Yes
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	42 kcal
Energy per 100g (kJ)	177 kJ
Carbs Per 100g	4.5 g
Carbs of which Sugars per 100g	2.7 g
Fat per 100g	0.3 g
Fat of which Saturates per 100g	0.1 g
Protein per 100g	3.2 g
Fibre per 100g	4.4 g
Salt per 100g	0.03 g

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