



Sweet Potato Falafel (3 x 30 x 22g)

Product Information

Product Code	10456
Erudus ID	3cd18fe8f84542909f8e76e786fb3330
Traded Unit GTIN	
Internal GTIN	
Supplier Name	The Foodfellas
Brand	
Storage	Frozen

Product Description & Ingredients

Product Description	A spiced blend of sweet potato, carrot, chickpeas, and apricots, perfect falafel.
Erudus Ingredients	Sweet Potato (25%), Carrot, Chickpeas (15%), Onion, Rice Flour, Rapeseed Oil, Apricot, Dried Potato, Tomato Sauce (Water, Sugar, Tomato Purée, Spirit Vinegar, Cornflour, Salt, Cinnamon, Cayenne Pepper), Water, Cumin, Tomato Purée, Garlic Purée (Garlic, Acidity Regulator (Citric Acid)), Coriander Powder, Salt, Raising Agents (Sodium Bicarbonate, Calcium Phosphates), Yeast Extract, Stabiliser (Methyl Cellulose), Coriander Leaf, Concentrated Lemon Juice, Sugar, Paprika, Chilli Powder, Black Pepper.

Allergens

Celery	No
Cereals Containing Gluten	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No
Mustard	No

Nuts	No
Peanuts	No
Sesame	No
Soybeans	No
Sulphites	No

Dietary Information

Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan Diet	Yes
Suitable for a Vegetarian Diet	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Nutritional Information

Energy per 100g (kcal)	156 kcal
Energy per 100g (kJ)	655 kJ
Carbs Per 100g	19.6 g
Carbs of which Sugars per 100g	9.6 g
Fat per 100g	5 g
Fat of which Saturates per 100g	0.9 g
Protein per 100g	4.6 g
Fibre per 100g	7.5 g
Salt per 100g	0.89 g

Disclaimer:

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